



BY **UTMB®**

# RUNNER GUIDE

APRIL 23, 2022



**UTMB®**  
WORLD SERIES

OFFICIAL UTMB® WORLD SERIES PARTNERS

**HOKA**

**wahoo**



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# WELCOME

Runners in the USA can experience the UTMB® adventure and begin their journey to the renowned UTMB® Mont-Blanc on home soil, with the confirmation that Canyons Endurance Runs will join the inaugural UTMB® World Series in 2022.

In the Canyons Endurance Runs by UTMB®, participants will experience some of the most scenic and challenging sections of the iconic Western States Trail as they cover up to 15,000' of the Canyons between Devil's Thumb and the famous river crossing at Rucky Chucky. Your limits will be tested and your finish will be hard-fought, as this are the most rugged and difficult sections of the Western States Trail.

## SCHEDULE

Thursday, April 21, 2022			
START	END	EVENT	LOCATION
1 PM	7 PM	Expo: <ul style="list-style-type: none"><li>• Packet Pick-Up</li><li>• Official Canyons Merchandise Store</li></ul>	Expo: Corner of E. Placer and High St
5 PM	6 PM	Runner Briefing	Expo: Corner of E. Placer and High St
6 PM	7 PM	HOKA Pro Panel	Expo: Corner of E. Placer and High St
Friday, April 22, 2022			
START	END	EVENT	LOCATION
10 AM	11 AM	HOKA Shakeout Run	Overlook Park
11 AM	6 PM	Expo: <ul style="list-style-type: none"><li>• Packet Pick-Up</li><li>• Official Canyons Merchandise Store</li></ul>	Expo: Corner of E. Placer and High St
11 AM	12 PM	Runner Briefing	Expo: Corner of E. Placer and High St
12 PM	1 PM	HOKA Pro Panel	Expo: Corner of E. Placer and High St
4 PM	5 PM	Runner Briefing	Expo: Corner of E. Placer and High St
Saturday, April 23, 2022 - RACE DAY			
START	END	EVENT	LOCATION
4 AM	6 AM	Packet Pick-Up	Expo: Corner of E. Placer and High St
5 AM		100K Race Start	High St in Downtown Auburn
6 AM		50K Race Start	High St in Downtown Auburn
6:30 AM		25K Race Start	High St in Downtown Auburn
		Awards Ceremony	Finish Line for Each Distance

## LOCATIONS

### Expo and Registration:

Corner of East Placer Street and High Street in Downtown Auburn

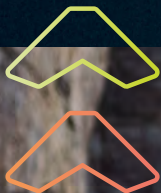
[CLICK HERE](#) to view the location on a map

### Start Line:

Intersection of Lincoln, High and Lewis Streets in Downtown Auburn

[CLICK HERE](#) to view the location on a map





**HOKA**



**FLIES LIKE A BIRD,  
GRIPS LIKE A BEAST.**

**SPEEDGOAT 5**





# PRE-RACE INFORMATION

## PACKET PICK-UP

Registration and packet pick-up will be held at the Expo during the following times:

- Thursday, April 21 from 1 PM to 7 PM
- Friday April 22 from 11 AM to 6 PM
- Saturday, April 23 from 4 AM to 6 AM

All runners must pick up their packet during these hours. Runners must have a valid photo ID or passport to pick up their packet.

## TIMING

You must stop at the timing table before leaving the Packet Pick-Up Area to pick up your chip. At the timing table, you will verify that your name matches your number.

Your chip must be worn on your left ankle at all times during the race. If you do not start the race, you are responsible for returning the chip to a Canyons Endurance Runs by UTMB® staff or timing team member. It is essential that we know where you are on the course at all times for your safety and our peace of mind. If you are transported to any medical station, the medical staff will take responsibility for chip. If you lose your timing chip during the event, you are responsible for obtaining a replacement at an Aid Station. If you lose your chip while on the run course, please notify a timing official immediately after crossing the finish line.

After the race, if you realize you still have your chip, please mail it within 5 business days to:

Sportstats USA  
88 54th St  
SW Suite 106  
Grand Rapids, MI 49548

Please use package envelope and do not put any value on it for customs.

## RUNNER BRIEFINGS

Runner Briefings will be held in the days preceding the race. Please refer to the Event Schedule for times and locations of the Runner Briefings. Runner Briefings will consist of a Question and Answer session with race management to address any issues, concerns, or changes that have arisen during race week.

## EQUIPMENT

### 100K

It is mandatory that every runner has the following:

- 1 Liter of Hydration Capacity
- Jacket (can be stored in your drop bag)
- Headlamp
- Hat

It is also recommended that every runner has the following:

- Running Backpack, Vest or Waist Pack
- Gloves
- Cell Phone
- GPS Device with Course Uploaded
- Emergency Blanket

### 50K and 25K

It is mandatory that every runner has the following:

- 1 Liter of Hydration Capacity

It is also recommended that every runner has the following:

- Running Backpack, Vest or Waist Pack
- Gloves
- Cell Phone
- GPS Device with Course Uploaded
- Emergency Blanket

Trekking Poles will be allowed for all distances. Please be cautious around other runners while using them.

## GEAR BAG DROP-OFF

Gear Bag drop-off will be just outside the start coral. We will have each location labeled so runners know which bag to drop for each location to ensure that their gear bag is transported to the proper location. Please bring gear bags on race morning. We are ONLY taking drops bags on race morning. Please do not put anything of great value in these bags. Please do not put any important documents in these bags.

All runners will be required to write their name, bib number and Aid Station/location of where the bag is to go. Not doing this could result in a bag being delivered to the wrong location.



# PARKING & SHUTTLES

Please note that priority on post-race shuttles will be given to athletes who have purchased shuttle passes.

## Shuttle Locations and Race Parking



Overlook Parking - Shuttle Stop



Railhead Park - Shuttle Stop



Roadside Parking: Be mindful of driveways.



Roadside Parking: Be mindful of driveways.



Overlook Park Shuttle Stop: Shuttle pick up starts at 3:45am and continues every 15 minutes.



Railhead Park Shuttle Stop: Shuttle pick-up starts 3:45am Saturday, every 15 minutes. Parking allowed along roadway.



## DRIVER'S FLAT:

### Parking - Driver's Flat



Parking Allowed - Roadside



Parking Allowed - Fee Required: Crew and Spectator Parking. Walk into Aid Station. Approx 1/2 mile.



NO PARKING - Driver's Flat Rd and Staging Area: Crew and Spectators must walk in. Immediate runner pick up is allowed. No Parking or waiting.



Walk In Access to Driver's Flat Aid Station: 1/2 mile from parking lot. Road or trail option.



IMMEDIATE Runner Pick Up Only: Runners may be picked up at Driver's Flat Aid Station. No Parking or Waiting.



Shuttle Stop






# PARKING & SHUTTLES

Please note that priority on post-race shuttles will be given to athletes who have purchased shuttle passes.

## FORESTHILL:

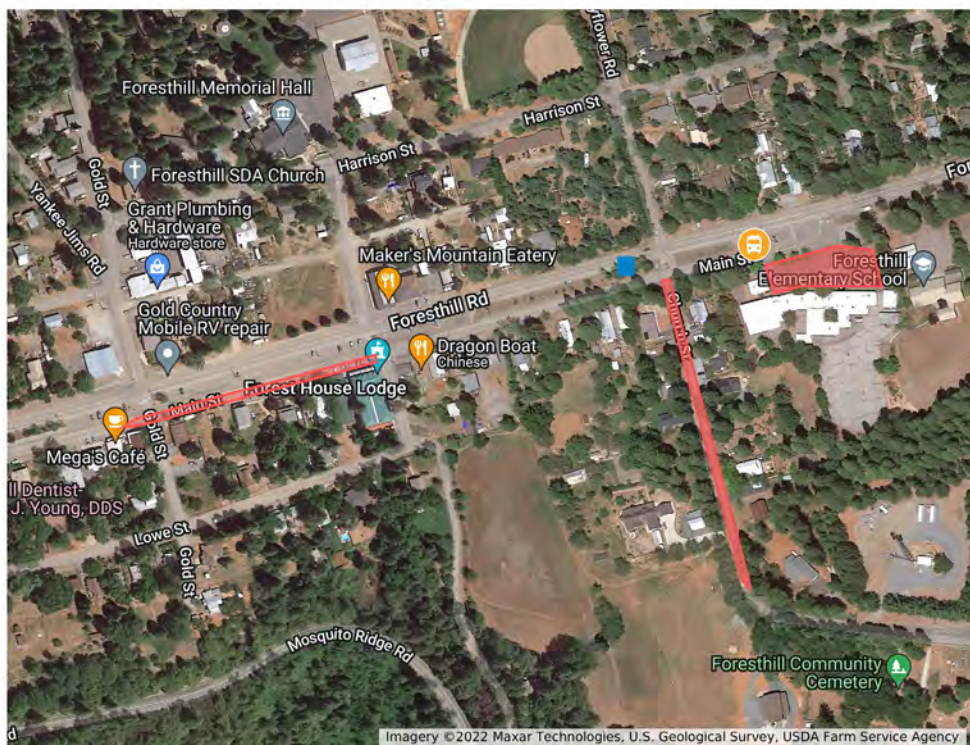
### Parking - Foresthill

-  CHURCH STREET - NO PARKING
-  MAIN STREET BUSINESSES - NO PARKING
-  FORESTHILL SCHOOL - NO PARKING

 Shuttle Stop





**RULES** - There is absolutely NO PARKING on CHURCH STREET or in FRONT OF BUSINESSES. There is NO PARKING IN FRONT OF THE SCHOOL. This is reserved for START/FINISH and The Village. Please be \*respectful\* to the residents of Foresthill, their property, and be mindful of late hour noise levels. Arrive early, carpool if at all possible, and park as close to the next car as possible. If you park in the No Parking areas, you should expect to be ticketed. Any reports of parking on, or causing damage to, private property will result in a Disqualification.



## MICHIGAN BLUFF:


### Parking - Michigan Bluff


 Parking Allowed - Chicken Hawk Rd Only

 Parking Allowed - Chicken Hawk Rd Only

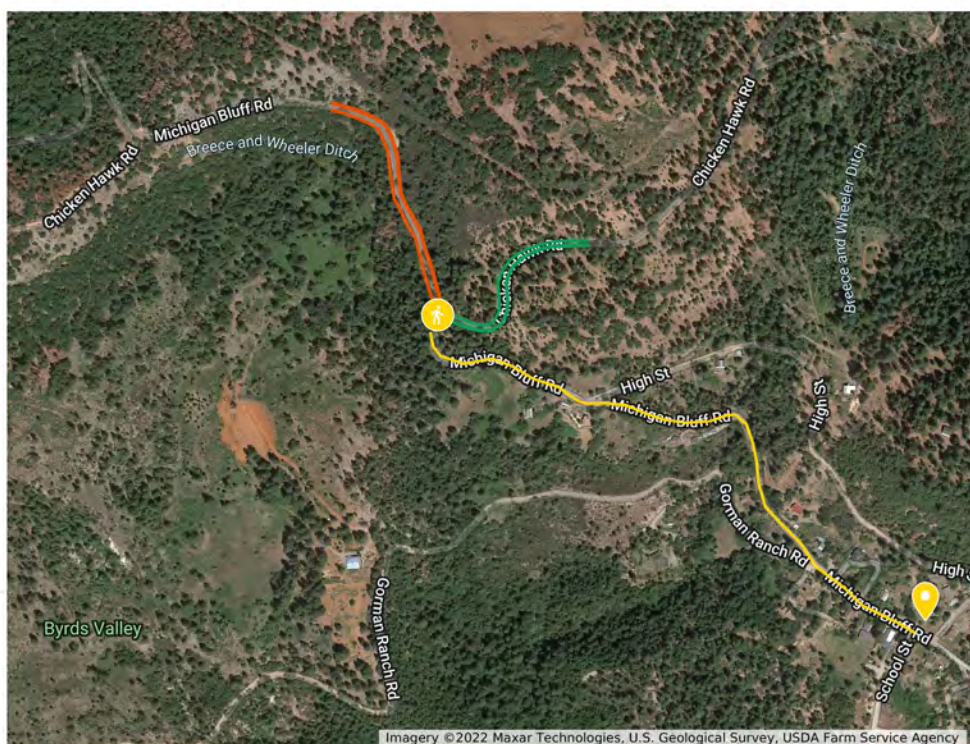
 NO PARKING - Michigan Bluff Rd

 NO PARKING - Michigan Bluff Rd

 Walk In Access Only Beyond this Point

 Walking Route to Michigan Bluff Aid Station - 1/2 Mile

 Michigan Bluff Aid Station





# PARKING & SHUTTLES

Please note that priority on post-race shuttles will be given to athletes who have purchased shuttle passes.

## CHINA WALL:

### Parking - China Wall

Staff Parking Only

No Parking

No Parking

Parking Allowed - One Side Only

No Parking

No Parking

No Parking

No Parking - Emergency Vehicle Access

China Wall Shuttle





# RACE DAY INFORMATION

## THE COURSE

Along the trail, you will behold panoramic Sierra vistas, descending into intimate canyon gullies filled with vibrant ferns and fauna and gazing up into lush canopies of Oak and Pine. You'll dip your toes into the rushing waters of the historic American River, crossing mountain streams and old wooden bridges through historic settlements from California's gold rush days. You might even hear an echo of old prospectors and mules on their quest for the mother lode as you follow the same trail they did over 150 years ago.

As you run, you'll follow in the footsteps of ultra-running's own pioneers like Gordy Ainsleigh, Ann Trason, and Tim Twietmeyer - legendary runners who helped to make this world-famous trail so special.

Please be sure to review specific course-related information for your race distance in the following pages of this guide.

## COURSE MARKINGS

All courses and routes are subject to change pending permits. Always be sure to follow course flags and markings on race day, which take precedence over any maps or GPX files. Course markings will reflect any last minute course re-routes.

## WEATHER

Please be sure to check the weather before race day. Weather can range from hot temperatures to snowy mountain tops this time of year. [CLICK HERE](#) to view historical weather data in Auburn.

## MEDICAL

Certified Medical personnel will be located at every aid station. There will also be medical tents with certified medical personnel at every finish line.

## AID STATIONS

Aid stations will be located throughout the course. Please refer to the specific race category to view locations for the aid stations. The general offerings are as follows:

- Nutrition:
  - Electrolyte drink, gels, chews & bars
  - Assorted fruits (bananas, oranges & watermelon)
  - Soda
  - Assorted sweets
  - Assorted salty snacks (chips, pretzels, etc.)
  - Peanut butter and jelly sandwiches
  - Warm broth and food (Aid Stations Foresthill, Deadwood and China Wall)
- Runner Care Including:
  - Basic First Aid/Blister Care
  - Bug Spray
  - Sunscreen
  - Lubrication for Chaffing
  - Feminine Products

## PACERS

No pacers will be allowed on course for any distance.

## TREKKING POLES

Trekking Poles will be allowed for all distances. Please be cautious around other runners when using them.

## CREW RULES

Crews are only allowed at the designated crew locations and aid stations. Please see the specific race category for precise locations. Follow all parking directions and signs when arriving at these areas and stay within the designated crew area at each location. We ask that you also remain aware of the other runners that are in the crew area or that may be passing by the area for runner safety. Crews are not allowed to leave the area running with their runners - pacing is not allowed.

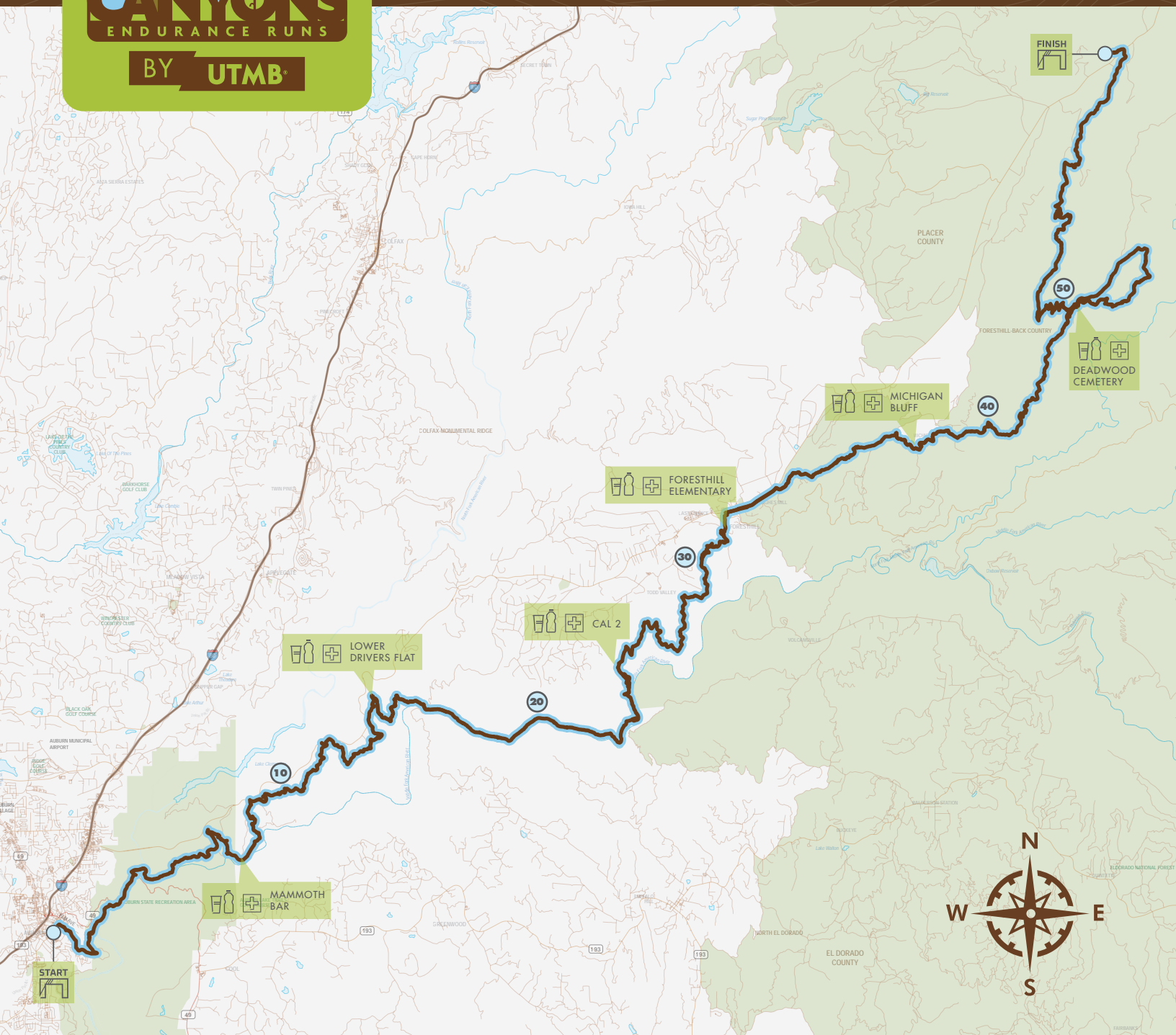




BY **UTMB®**

# 100K COURSE

AUBURN, CALIFORNIA



 STARTING LINE

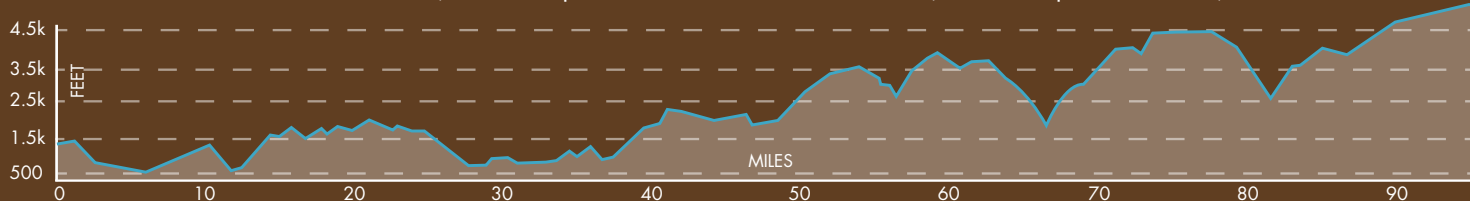
 FINISH LINE

 10 MILE MARKER

 AID STATION

 MEDICAL STATION

START ELEVATION: 1,300 FT | FINISHING ELEVATION: 5,016 FT | GAIN: 14,900 FT





# 100K COURSE

## COURSE INFORMATION

[CLICK HERE](#) to view the 2022 100K Course Route.

[CLICK HERE](#) to download the 100K GPX Course Route.

## AID STATIONS

Aid stations will be offered at the following locations:

MILE	LOCATION	SUPPORT
7.3	Mammoth Bar <a href="#">VIEW ON MAP</a>	Full Aid, Bathrooms, Medical, HAM Radio, Paved Road Access, No Cell Coverage, <b>NO CREW</b>
15.3	Drivers Flat <a href="#">VIEW ON MAP</a>	Full Aid, Crew (No Parking), Bathrooms, Medical, HAM Radio, Paved Road Access, Limited Cell Coverage
24.6	Cal 2 <a href="#">VIEW ON MAP</a>	Full Aid, Bathrooms, Medical, HAM Radio, No Road Access, Intermittent Cell Coverage, <b>NO CREW</b>
32.8	Foresthill <a href="#">VIEW ON MAP</a>	Full Aid, Crew, Drop Bags, Bathrooms, Medical, Paved Road Access, Cell Coverage
38.7	Michigan Bluff <a href="#">VIEW ON MAP</a>	Full Aid, Crew (No Parking), Bathrooms, Medical, Paved Road Access, Cell Coverage
44.3	Deadwood 1 <a href="#">VIEW ON MAP</a>	Full Aid, Drop Bags, Bathrooms, Medical, HAM Radio, Dirt Road Access, No Cell Coverage, <b>NO CREW</b>
49.3	Deadwood 2 <a href="#">VIEW ON MAP</a>	Full Aid, Drop Bags, Bathrooms, Medical, HAM Radio, Dirt Road Access, No Cell Coverage, <b>NO CREW</b>
59.3	Finish Line/ China Wall <a href="#">VIEW ON MAP</a>	Full Aid, Crew, Drop Bags, Bathrooms, Medical, HAM Radio, Paved Road Access, Cell Coverage

*\*Aid stations are estimated and are subject to change.*

## COURSE CUT-OFFS

Each runner will have 20 hours to complete the course.

Runner will be subject to four intermediate course cut-offs as follows:

- Foresthill Aid Station #4 (Mile 32.8) at 2 PM
- Michigan Bluff Aid Station #5 (Mile 38.7) at 4 PM
- Deadwood Aid Station #7 (Mile 49.3) at 8:30 PM
- Finish Line/China Wall (Mile 59.3) at 1 AM

Runners who do not reach these locations by the given time will not be permitted to continue. *\*Course cut-off times are estimated based on runners' start times and projected paces, and are subject to change.*

## ROAD CROSSING

Runners will cross several roads throughout the course where vehicle traffic is not required to stop. It is the runner's responsibility to safely cross the road. Road crossings will occur in the following locations:

- Start Line at High Street & Lincoln Street; right on Lincoln Way; right on Cherry Avenue; left on Brook Road; right on Marvin Way; continue on Channing Way; left on Brook Road; left on Robie Drive to Mile 1.25; then, onto the WSER Trail at Robie Point.
- Mile 3.4 to Mile 3.9 on CA 49 and Old Foresthill Road.
- Mile 32.2 crossing over Mosquito Ridge Road in Foresthill.
- Mile 32.2 to Mile 32.8 on Lowe Street, left on California Street, right on Main Street to Foresthill Elementary School at Aid Station #4.
- Mile 32.8 on Main Street up Foresthill Road, right on Bath Road at Mile 33.5 to the WSER Trail on Bath Road at Mile 34.5.
- Mile 38.6 to Mile 38.75 in Michigan Bluff on Michigan Bluff Road to Aid Station #5.
- Mile 59.2 crossing Foresthill Road into China Wall Staging Area and the Finish Line.





## AUBURN, CALIFORNIA





# 50K COURSE

## COURSE INFORMATION

[CLICK HERE](#) to view the 2022 50K Course Route.

[CLICK HERE](#) to download the 50K GPX Course Route.

## AID STATIONS

Aid stations will be offered at the following locations:

MILE	LOCATION	SUPPORT
7.3	Mammoth Bar <a href="#">VIEW ON MAP</a>	Full Aid, Bathrooms, Medical, HAM Radio, Paved Road Access, No Cell Coverage, <b>NO CREW</b>
15.3	Drivers Flat <a href="#">VIEW ON MAP</a>	Full Aid, Crew (No Parking), Bathrooms, Medical, HAM Radio, Paved Road Access, Limited Cell Coverage
24.6	Cal 2 <a href="#">VIEW ON MAP</a>	Full Aid, Bathrooms, Medical, HAM Radio, No Road Access, Intermittent Cell Coverage, <b>NO CREW</b>
32.8	Finish/Foresthill <a href="#">VIEW ON MAP</a>	Full Aid, Crew, Drop Bags, Bathrooms, Medical, Paved Road Access, Cell Coverage

*\*Aid stations are estimated and are subject to change.*

## COURSE CUT-OFFS

Each runner will have 10 hours to complete the course. Runners who do not cross the Finish Line at Foresthill by 4 PM will not be permitted to continue. *\*Course cut-off times are estimated based on runners' start times and projected paces, and are subject to change.*

## ROAD CROSSING

Runners will cross several roads throughout the course where vehicle traffic is not required to stop. It is the runner's responsibility to safely cross the road. Road crossings will occur in the following locations:

- Start Line at High Street & Lincoln Street; right on Lincoln Way; right on Cherry Avenue; left on Brook Road; right on Marvin Way; continue on Channing Way; left on Brook Road; left on Robie Drive to Mile 1.25; then, onto the WSER Trail at Robie Point.
- Mile 3.4 to Mile 3.9 on CA 49 and Old Foresthill Road.
- Mile 32.2 crossing over Mosquito Ridge Road in Foresthill.
- Mile 32.2 to Mile 32.8 on Lowe Street, left on California Street, right on Main Street to Foresthill Elementary School at the Finish Line.

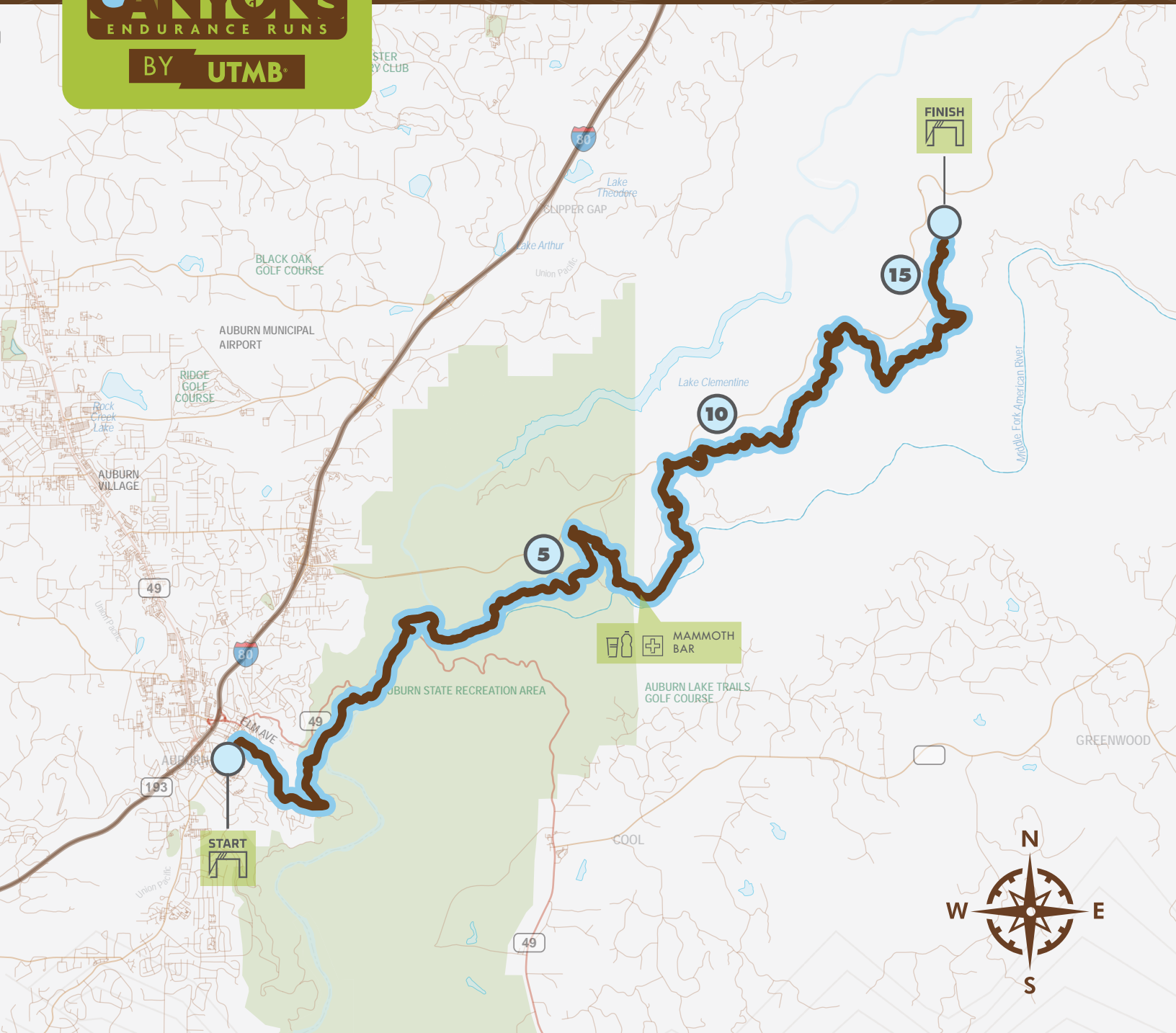




BY **UTMB®**

# 25K COURSE

AUBURN, CALIFORNIA



 STARTING LINE

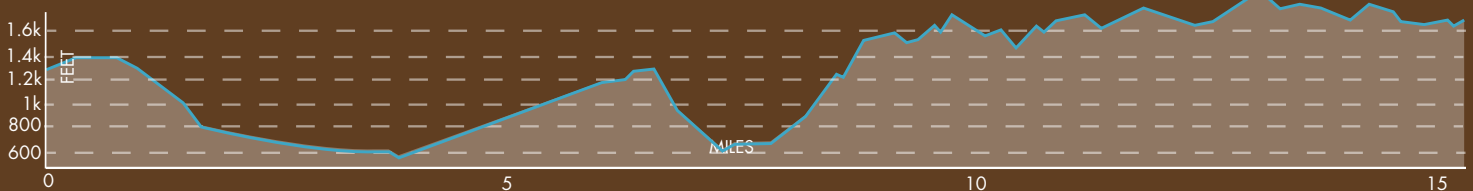
 FINISH LINE

 10 MILE MARKER

 AID STATION

 MEDICAL STATION

START ELEVATION: 1,300 FT | FINISHING ELEVATION: 1,688 FT | GAIN: 3,035 FT





# 25K COURSE

## COURSE INFORMATION

[CLICK HERE](#) to view the 2022 25K Course Route.

[CLICK HERE](#) to download the 25K GPX Course Route.

## AID STATIONS

Aid stations will be offered at the following locations:

MILE	LOCATION	SUPPORT
7.3	Mammoth Bar <a href="#">VIEW ON MAP</a>	Full Aid, Bathrooms, Medical, HAM Radio, Paved Road Access, No Cell Coverage, <b>NO CREW</b>
15.3	Drivers Flat/ Finish Line <a href="#">VIEW ON MAP</a>	Full Aid, Crew (No Parking), Bathrooms, Medical, HAM Radio, Paved Road Access, Limited Cell Coverage

*\*Aid stations are estimated and are subject to change.*

## COURSE CUT-OFFS

Each runner will have 5 hours to complete the course.

Runners who do not cross the Finish Line at Drivers Flat by 11:30 AM will not be permitted to continue. *\*Course cut-off times are estimated based on runners' start times and projected paces, and are subject to change.*

## ROAD CROSSING

Runners will cross several roads throughout the course where vehicle traffic is not required to stop. It is the runner's responsibility to safely cross the road. Road crossings will occur in the following locations:

- Start Line at High Street & Lincoln Street; right on Lincoln Way; right on Cherry Avenue; left on Brook Road; right on Marvin Way; continue on Channing Way; left on Brook Road; left on Robie Drive to Mile 1.25; then, onto the WSER Trail at Robie Point.
- Mile 3.4 to Mile 3.9 on CA 49 and Old Foresthill Road.

# AID STATION GUIDE

## 100K

AS Label	AS Location	AS Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
Start	Downtown Auburn - Start	0.0	7.3	1,203	-1874	1,203	-1,966			
A1	Mammoth Bar	7.3	8.0	2,275	-1214	3,478	-3,146			
A2	Drivers Flat	15.3	9.3	1,914	-1912	5,392	-5,021			X
A3	Cal 2	24.6	8.2	2,655	-1083	8,047	-6,092			
A4	Foresthill	32.8	5.9	1,435	-1228	9,482	-7,345	2:00 PM	X	X
A5	Michigan Bluff	38.7	5.6	2,243	-1870	11,725	-9,408	4:00 PM		X
A6	Deadwood 1	44.3	5.0	957	-957	12,682	-10,790		X	
A7	Deadwood 2	49.3	10.0	3,108	-1944	15,790	-12,927	8:30 PM	X	
Finish	China Wall - Finish	59.3						1:00 AM	X	X

## 50K

AS Label	AS Location	AS Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
Start	Downtown Auburn - Start	0.0	7.3	1,203	-1874	1,203	-1,966			
A1	Mammoth Bar	7.3	8.0	2,275	-1214	3,478	-3,146			
A2	Drivers Flat	15.3	9.3	1,914	-1912	5,392	-5,021			X
A3	Cal 2	24.6	8.2	2,655	-1083	8,047	-6,092			
Finish	Foresthill	32.8						4:00 PM	X	X

## 25K

AS Label	AS Location	AS Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
Start	Downtown Auburn - Start	0.0	7.3	1,203	-1874	1,203	-1,966			
A1	Mammoth Bar	7.3	8.0	2,275	-1214	3,478	-3,146			
Finish	Drivers Flat	15.3						11:30 AM		

**PLEASE NOTE: Mileage, elevation gain and elevation loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch.**



# FINISH LINE

## AWARDS CEREMONIES

The Awards Ceremonies will be held on Saturday, April 23 at the finish lines of each distance. Awards will take place immediately following the top three male and female finishers at each finish area. There will not be Age Group Awards for any distance.

## GEAR BAG PICK-UP

Gear bags for the 50K will be transported to the Foresthill Finish Line area. Gear Bags for the 100K will be transported to China Wall Finish Line area.

We will work hard to get all gear bags returned as quickly as possible to these locations. Runners will be asked to pick up all gear bags after their race. If you are unable to retrieve your gear bags after your race for some reason, we will return those bags to the packet pick-up location for pick-up on Sunday from 9 AM to 12 PM.

## POST-RACE MASSAGE

Monsters of Massage will be offering post-race massages to runners at the finish line for the 100K from 4 PM to 9 PM.

## PHOTOGRAPHY

FinisherPix will have multiple photographers along the course to document your journey.

### HOW TO ORDER YOUR PIX:

- Register your e-mail address at [www.finisherpix.com](http://www.finisherpix.com) to be notified as soon as photos are online.
- Keep your bib number visible on the FRONT of your body during the run and at the finish line so you can be easily identified.
- Smile and celebrate when you cross the finish line! Don't worry about touching your watch, the timing company will ensure an accurate record of your achievement.
- Visit [www.finisherpix.com](http://www.finisherpix.com) to view, order, and share your photos from the event.

## VOLUNTEER

Our volunteers allow us to do what we do! Please be sure to thank the volunteers that help you along your journey. All volunteers will receive swag and early entry to future Canyons Endurance Runs events. [CLICK HERE](#) to register to volunteer.

## ACCOMMODATIONS & TO-DO

Runners, family and friends - [CLICK HERE](#) to explore places to stay or things to do while in the Auburn area.



# TICKET TO WESTERN STATES

## WESTERN STATES

The Canyons Endurance Runs by UTMB®, is a Western States 100 Golden Ticket race and Qualifier for 2023.

To be eligible for the Western States Lottery, runners must complete the 100K distance under 19 hours.

## GOLDEN TICKET

This year, the top 3 female and the top 3 male finishers in each distance will automatically qualify for entry to the 2022 Western States 100K event. If a recipient has already qualified for Western States or declines entry, the Golden Ticket will pass down to the next finisher (fourth place). No runner below fifth place will be offered the Golden Ticket.

Recipients will receive their Golden Ticket invitation through an email following acceptance and will have two weeks from the qualifying race to complete registration, including payment of the entry fee. Deferments and transfers are not permitted.

## ABOUT THE WESTERN STATES TRAIL

The Western States Trail extends from Salt Lake City, Utah, across the Great Basin, and over the Sierra Nevada to Sacramento, California. Originally a Native American route, the California portion of the trail was later taken up by trans-Sierra travelers in the 19th century seeking a passage to the Nevada mines.

## WESTERN STATES ENDURANCE RUN 100 INFORMATION

The trail begins in Olympic Valley, California and crests at Emigrant Pass at 8,750 feet. After passing by Duncan Canyon and Robinson Flat, the trail leads to Last Chance, a mining ghost town marking the beginning of “the canyons”, Deadwood and El Dorado. After conquering “the canyons”, runners will conquer the Foresthill Divide and reach Rucky Chucky, crossing the American River with just below class 6 rapids. As night falls, runners will climb to the Cool limestone quarry, cross Highway 29, and experience Pointed Rocks Ranch. After crossing No Hands Bridge and making the final climb to Robie Point, runners will arrive at the finish line at Auburn’s Placer High School.





# UTMB® WORLD SERIES

## UTMB® WORLD SERIES

UTMB® World Series Events are the best trail running events on the planet and are organized to the highest quality standards, giving runners the chance to immerse themselves in the UTMB® experience on all continents.

Each year, three of these events will be given the status of UTMB® World Series Majors, becoming continental Series finals in the Americas, in Europe, and in Asia/Oceania.

## QUALIFYING POINTS

The 2022 Canyons Endurance Runs 25K will give you one running stone. The Canyons Endurance Runs 50K will give you 2 running stones and will qualify you for the OCC lottery for 2023. This will *not* qualify you for the CCC or the UTMB® lottery due to the UTMB® Performance Index.

The 2022 Canyons Endurance Runs 100K will give you 3 running stones for the OCC, CCC or the UTMB® lottery. You have met the UTMB® Performance Index by running the 100K.

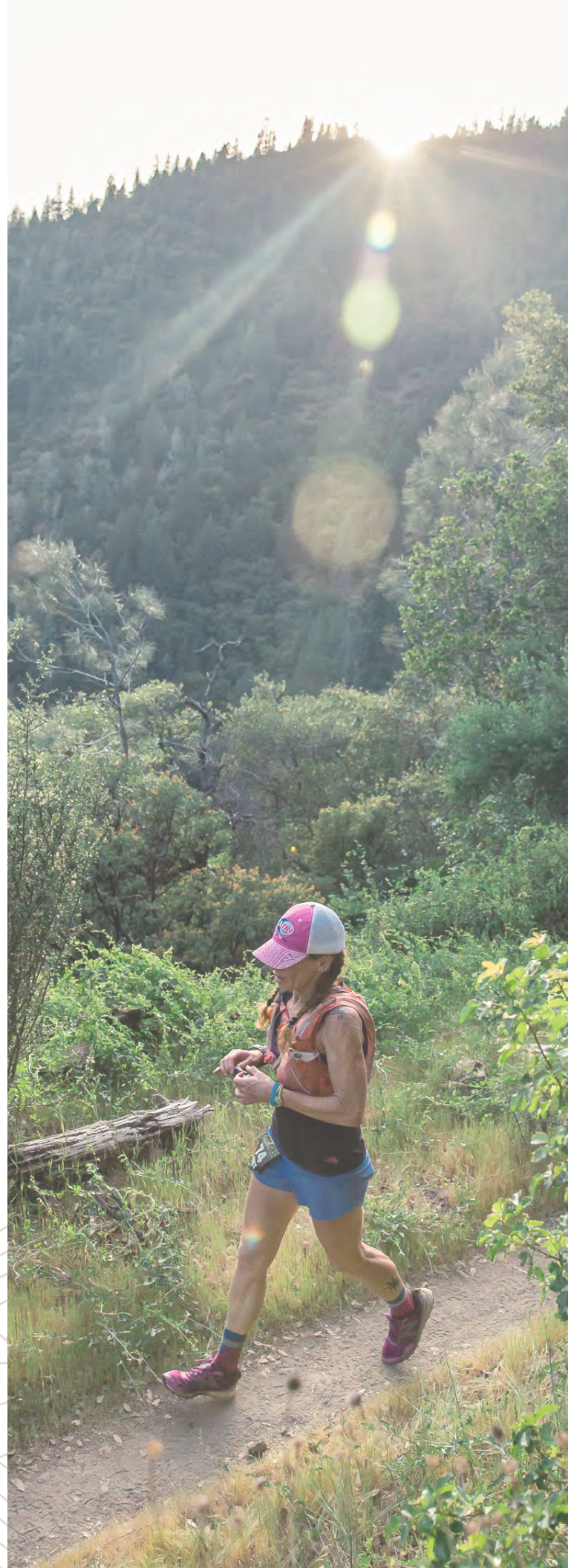
If you already have a UTMB® Performance Index for the 100K or the 100M and you run the 2022 Canyons Endurance Runs 25K or 50K, you can use those for the 2023 OCC, CCC, or the UTMB® lottery.

[CLICK HERE](#) for more information regarding the UTMB Performance Index.



# GENERAL RULES

1. No littering. Please respect the trails and nature by disposing of trash at an Aid Station.
2. If you see an athlete who is injured you are required to report this incident by letting race officials know the runners bib number, location and injury. Please stay with the athlete if they are in need until medical help arrives.
3. You are only allowed to drop from the race in designated areas. These areas include the following aid stations: Mammoth Bar, Drivers Flat, Foresthill and Michigan Bluff. These locations are provided due to the fact that transport from the more remote locations is difficult for non-emergency withdrawals from the race.
4. Runners must stay on the designated trails to protect any vegetation or natural footing. If you get off course, retrace back to the last known marker, and continue the course as designed.
5. Course-cutting is not allowed.
6. Pacers are not allowed.
7. We love pets, but ask them to stay home for the event. Pets are not allowed on the course.
8. This is a cup-less race. Runners will carry a personal container to refill throughout their adventure at each Aid Station.
9. If you do not pass the designated course cut-off locations by the specified times, you will be not allowed to continue the race.
10. Crews are ONLY allowed in the areas that are noted in the above information. Please respect the areas along the course that are designated as NO CREW. This could effect future events for all runners.







Looking for your next race? Run where grueling verticals, unique terrain, and endless elevation meet blue skies, breathtaking views and the wildflowers of the Wasatch Mountain.

To complete this course, you must accept what the land gives you and elevate above the tree line, above the pain and above your limits. There is a distance for all and a challenge for everyone. [CLICK HERE](#) for more information.

# This. Is. Speedgoat Mountain Races.

July 22 & 23, 2022

